

#### **NOVEMBER 2024**



# MONTHLY NEWSLETTER

### MESSAGE FROM PRINCIPAL

As we continue to work together to support the success of your child, I would like to emphasize the critical role that healthy routines at home play in enhancing both academic achievement and overall well-being.

Studies have consistently shown that students who maintain regular and sufficient sleep schedules are more productive and better able to manage their emotions during the school day. Adequate sleep has been linked to improved concentration, better memory retention, and enhanced problem-solving abilities. It is also closely tied to more positive behavior, as children who are well-rested tend to exhibit fewer behavioral challenges, including impulsiveness and irritability.

I understand that technology is an integral part of our daily lives, but it is crucial to monitor and limit recreational screen time, especially in the hours leading up to bedtime. Research has demonstrated that excessive screen use can disrupt sleep patterns and increase fatigue during the school day, negatively affecting academic performance and behavior. Encourage your child to engage in screen-free activities. It is crucial to disconnect to reconnect to real life.

At the end, students thrive on routine. Establishing consistent bedtime and morning routines can help them start each day feeling refreshed and ready to learn. I highly encourage you to set regular wake-up and sleep times, ensuring that your child is getting the sleep they need to perform at their best.

By fostering healthy habits at home, you are setting your child up for success both in and out of the classroom. Together, we can help ensure that every student reaches their full potential. Thank you for your continued support and partnership.



President Mohamed Akram, Vice President Laila Hamada, Secretary of Council Abdel Rahman El Hawary, Public Relation Director Eyad Hossam, Awareness Director Joudy Abou Seif, Media Director Hanya Hany, Community Service Director Amr Yassin, High School Officer Alia Shanab, Middle School Officer Zeina El Hawary and Elementary Officer Karim Ezz

## REMINDER

## **Progress Report**

Progress reports will be sent to the parents of students who receive an overall score of a C- or below for the time period between Sunday, September 15th and Wednesday, October 30th.

Progress reports are shared, as an integral channel of communication, to update the parents whose child is at risk of failing Trimester 1 Exams.

E-mails will be sent out on Thursday, November 7th, 2024.

If you do not receive an e-mail, then your child has not scored a C- or below.













## **MONTHLY NEWSLETTER**

#### ANNOUNCEMENTS

#### 1. MEASURE OF ACADEMIC PROGRESS (MAP)



MAP is a standardized assessment that supports students' individual needs. Our MAP assessments will start on November 3rd and end on December 5th. MAP not only helps the school to provide individual educational action plans, but it is also included in the rubric as a prerequisite to join the Math and English Advanced Classes and Pre-AP.

#### 2. Parent Teacher Conference

Grade	Date	Time
Elementary & HS	Saturday, November 9th	8:30 - 3:40 Parents' Meeting
PreK/KG & MS	Saturday, November 16th	12:30 - 1:00 Teachers' break time

Each meeting is for ten minutes. Elementary & MS are booked via SIMS/LMS. Preschool, KG and HS are on a first-come, first-served basis.

### 3. Grades 1 & 2 'Expressing Emotions' Performance

Our Grades 1 & 2 students have begun rehearsals for their exciting upcoming performance centered around expressing emotions. We believe that understanding and sharing our feelings is a vital part of personal growth and social development. This enriching experience will allow our young learners to showcase their creativity and talents while promoting empathy and connection among their peers. Stay tuned for more updates on this heartfelt performance!

#### 4. RISE Bazaar

Rise Parents Community is thrilled to invite you to Rise Bazaar on Saturday, November 9th from 10 a.m. till 6 p.m.

Rise message to NG students, "You must believe in your talents. Show your entrepreneurship skills. We'll be waiting for you to SHINE."

Rise message to NG parents, "Enjoy the vibes, encourage our children, and join our Rise Parents Community." Stay Tuned!

#### 5. Parent Education Series

We are thrilled to announce the launch of our first "Parent Education Series" titled "Parent and School Hand in Hand" presented by Ms. Mai El Shazley, our Elementary Vice Principal. Hope to see you all in New Generation International Schools' auditorium on Saturday, November 9th, from 12:30 -1:30 p.m. By actively involving our parents in their children's education, we create stronger support systems to promote our students' academic success, personal growth, and overall well-being.

#### **SUPPORT**

If you have any concerns or queries, we, as NG faculty, are always here to listen, support, and help. Please scan the QR code for NG's communication guide that was developed to ensure effective channels of communication all year round.







Armed Forces Day Celebration





Yours in Education, Mrs. Nairy Simon School Principal M. Ed, University of London Doctor of Education Candidate, Educational Leadership